

# Special Olympics Maryland Area Memo

## July 8, 2022



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### Welcome

If there are any members of your area's leadership who are not currently receiving the Area Memo, please send their names and email address to [jabel@somd.org](mailto:jabel@somd.org).

### **(NEW)** Shout out a volunteer

This Area Memo's Shout outs go to...

To: Baltimore County Coaches:

*I want to recognize all coaches that organized, coached, practiced, and supported the athletes. I also want to recognize the parents and staff in getting the athletes to practices, qualifiers, and summer games. We don't want to leave anyone out, but the names we know are Coach Joyce, Coach Kim, Coach Megan, Coach Monique, Coach Mike, Coach Dave, Coach Randy, Coach Tim, Coach Kirsten, Coach Adam. If we missed anyone we apologize. All of you are amazing in holding the athletes accountable. You all warmed our hearts in your coaching and working with the athletes and celebrating their successes and perseverance in track and field. Thank You to all of you!*

-Patti and Kelly Kirk

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Do you have a volunteer who has gone above and beyond to support our athletes and mission? Consider sending them an SOMD Shout Out! Recognize your program's coaches, area leaders, management team members, or other volunteers for outstanding contributions to your program! Shout outs will be compiled and added to the Area Memo to be sent out every 2 weeks.

Please use the link below to submit your shout outs!  
<https://www.surveymonkey.com/r/LV88QG9>

**(NEW) Farewell to Ben President**

We're sad to announce that Ben President will be leaving his role as a Sport Director with Special Olympics Maryland to pursue other professional opportunities outside of the state. Ben joined us in early September 2021 and had the opportunity to work with Areas and coaches on the sports of cycling, bowling, alpine skiing and swimming. We wish him well on his future endeavors.

**(NEW) SOMD Once Again Offers LIVE and IN-PERSON Sessions for Coaching Special Olympics Athletes (CSOA) and Principles of Coaching (PoC)**

SOMD is VERY pleased to once again offer *live and in-person* sessions of both Coaching Special Olympics Athletes (aka CSOA) and Principles of Coaching (PoC). These will be the first in-person sessions for these courses in over two years. While we have offered "Zoom-based" sessions of these courses (as well as offering online self-paced versions as well), these are truly designed to be conducted "live and in person" and are tremendously engaging and highly participative in that format.

***Coaching Special Olympics Athletes (CSOA)*** is the baseline course required for ALL coaches (must successfully complete the course once) and covers basic coaching knowledge and aspects of Special Olympics. We will be offering two live sessions of this course at this time (attend only one):

***Principles of Coaching (PoC)*** is a full day course is designed for coaches with at least two years of experience and covers such "higher-level" coaching topics as Developing a Coaching Perspective; Team Management & Training; Athlete-Centered Coaching; Fitness & Nutrition; Safety and Risk Management.

All sessions are free of charge and will be held at SOMD Headquarters (3701 Commerce Drive, Suite 103, Baltimore MD 21227). Course participants will receive a course workbook and other materials during the session. Due to space constraints, there is a cap of 25 participants for each session. *(Note: Due to the highly interactive nature of these courses, we must have a minimum of 7 registrants for each class at least two business days in advance in order for it to be held.)*

Course dates:

- CSOA Course #1: Saturday, August 6, 2022, 9:00 am – 1:00 pm
- PoC Course: Saturday, September 10, 2022, 9:00 – 5:00 (lunch provided)
- CSOA Course #2: Sunday, September 11, 2022, 9:00 am – 1:00 pm

To register: <https://www.surveymonkey.com/r/CoachTrng2022Q3>

**(NEW) Deadline Reminders for 2022 Community Fall Sports**

Registration Deadlines for community sports through the remainder of 2022 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event	Competition Date(s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Kayaking Time Trials (Required)	8/13/2022	7/14/2022	7/22/2022	8/2/2022
Kayaking Championships	8/20/2022			
Golf Championship	9/25/2022	8/19/2022	8/26/2022	9/16/2022
Fall Sports Festival ( <i>cycling, distance running, flag football, powerlifting, tennis</i> )	10/22/2022	9/7/2022	9/16/2022	10/03/2022
Soccer Championships	10/30/2022	9/7/2022	9/16/2022	10/03/2022
Bowling (Regionals)	11/13/2022	9/30/2022	10/10/2022	10/24/2022
Bowling (Championships)	12/4/2022			11/23/2022

**(NEW) Athlete Leadership Weekend**

The Athlete Leadership program is hosting a training weekend from August 13th-14th, 2022. Most classes will be offered in person AND over Zoom. You can choose how you will attend.

**In-Person**

Join us at the SOMD HQ, 3701 Commerce Drive, Suite 103, Baltimore, MD 21227 for every course except Improv Training

To sign up to attend in person please go to [https://www.surveymonkey.com/r/ALPS\\_Aug\\_2022](https://www.surveymonkey.com/r/ALPS_Aug_2022)

**ZOOM**

**Saturday, August 13th, 2022**

9 am-1 pm **Introduction to Athlete Leadership and Understanding Leadership**

Learn about what positions and opportunities you can have in Athlete Leadership.

<https://somid.zoom.us/meeting/register/tZckc--hqzlvH9TBeOEEEnSI0E51qJ02LjAUg>

**Sunday, August 14th, 2022**

9 am-10:30 am **Athlete Spokesperson-Global Messenger (Sharing Your Story)**

<https://somid.zoom.us/j/86912604807?pwd=Y0FQampFMGZPTetZVVFuUlhZeFBTdz09>

11am-12 pm **Athlete Spokesperson-Global Messenger (Writing a Speech)**

<https://somid.zoom.us/j/85346861459?pwd=eHJzWW9iL3EwYUY2bVp5cUk4d1JUUT09>

12:30pm-1:30 pm **Athlete Spokesperson-Global Messenger (Delivering a Speech)**

<https://somid.zoom.us/j/81530492453?pwd=MmhGQnhTVXRDUFBhbng2TEMxM2Z4UT09>

2pm-3:30 pm **Athlete Spokesperson-Global Messenger (Media Training)**

<https://somid.zoom.us/j/83034694945?pwd=VGVYRVNStE1lc2w5MWxyanRMcjFhdz09>

## **(NEW) Finance Corner**

BUDGET 2023 – The schedule for completing the 2023 budget has been set. This schedule will be shared during the AD Webinar but will also be send out via email. In order to make sure that the budget packet is ready for the Board in December, please keep to the schedule.

The Budget memo email will be coming out on or about July 29th. The Finance Team was not able to find a suitable budgeting software that worked with Sage Intacct in time for the 2023 budget season. Therefore, just like last year, each Area will receive a budget worksheet in Excel to complete. Remember to start in the column for the 2023 Proposed budget and spread that value under the month that the revenue or expense is expected. Column L should equal Column Y for every row.

The worksheets are currently under construction, but each worksheet will include the Actual expenses for FY2020 & FY2021, Actuals thru June for FY2022, and the Budget for FY2022. Area Directors will build the 2023 budget in the colored cells. The values shown in January thru December represent the budget spread for FY2022. These are there as a guide. If there is a value from FY2022 that is not relevant for 2023, don't keep it in the worksheet.

Remember that all cells need a value, even if it is a \$0 – no blanks. And please don't forget about In- Kind.

Budget worksheets are due back to Darlene on or before September 12<sup>th</sup>. If you need any assistance, please reach out to Darlene.

CORP. CREDIT CARDS – just a quick reminder, as we have some new card holders. Please remember to complete your credit card transaction coding and receipting in the SunTrust portal by the 3<sup>rd</sup> business day after the close of the month. Coded transactions need to be approved by the 6<sup>th</sup> business day. Thank you for continuing to support this process.

If you have any questions about this update, please reach out to Joanne.

## **Carroll County Cheers for Champions**

The first of a series of Cheers for Champions events will take place at Brewery Fire in Taneytown on July 17, 2022. Brewery Fire will donate \$1.00 for every beer sold between 12:00pm-8:00pm. They will also hold a BINGO from 1:00-2:30pm. \$5.00 donation gets you 1 card for a variety of prizes.

Come out on 7/17 to support the athletes of Carroll County with a CHEERS for our Champions!

## **Lions Centennial Celebration**

On Saturday, 8/13/2022, The Lions Club will be celebrating their 100<sup>th</sup> Anniversary with a Unified Bocce Picnic at Towson University. Special Olympics athletes from Maryland, Delaware, and DC are invited for an afternoon of fun competition with the Lions and Leos! Please use the link below to register:

<https://www.surveymonkey.com/r/TWM7G6R>

## **2023 World Summer Games – SOMD Quota Received**

SOMD is very pleased to announce that it has received its quota for the 2023 World Summer Games to be held in Berlin: one male and one female cyclist, and 2 female kayakers. We have very limited additional information at this time, but do expect to have more information from SONA following the USA Games currently underway.

Please note: While we are not yet 100% certain from which competitions we will make the selections of our cyclists and kayakers and what additional requirements are being set, it is definite that to be considered for selection they must be training and competing in this upcoming season for their sports.

More info to come once it is available to us.

### **SOMD AmeriCorps Positions**

Do you know of a recent high school or college grad looking for a great first step in a career? Or a grad student needing a position while they continue their education? **THINK AMERICORPS with SOMD!**

Special Olympics Maryland will be welcoming new AmeriCorps members to our team this summer for a 1-year position (August 15, 2022-August 14, 2023--- per grant requirements) in positions including:

- Volunteer Coordinator
- Unified Champion Schools Coordinator
- Metro Programs Coordinator
- Young Athletes Program Coordinator
- Eastern Shore Program Coordinator

AmeriCorps members get a monthly stipend plus a Segal Education Award (at the end of service) that can be used for student loans, tuition, books, or other expenses related to continuing education. AmeriCorps members are also eligible for interest free loan deferment for their term of service.

Position descriptions will be posted soon! But initial questions about AmeriCorps can be sent to Jeff ([jabel@somd.org](mailto:jabel@somd.org))

### **Contract Reminders**

***Before you sign on the dotted line...DON'T (Please!)***

With so many events happening this spring, just another reminder that any contracts, agreements, or other documents that need signatures (including electronic signatures) must be sent to [risk@somd.org](mailto:risk@somd.org) for review and signature.

### **COVID Tracking Website**

After challenges with the Brown University website following the Maryland Health Department data breach, we have decided to switch our tracking website. We will now be pulling data directly from the Maryland Health Department COVID Data Dashboard.

While their full dashboard is filled with great information on many metrics, you can access the statewide and county by county cases per 100,000 by visiting: [https://state-of-maryland.github.io/DailyCaseRatebyJurisdiction/index\\_fullscreen.html](https://state-of-maryland.github.io/DailyCaseRatebyJurisdiction/index_fullscreen.html)

### **Return to Activities and COVID Protocol Website**

As we continue to engage athletes, partners, coaches, and volunteers in as many sports programs as we can, please remember to visit our Return to Activities Webpage linked below. This page will have necessary information and resources including the most up-to-date protocol.

<https://virtualsomd.com/return-to-play/>

**(UPDATED) Pre-Season and Pre-Competition Webinars**

The dates and time for Pre-Season webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

**Pre-Season Coaches Webinars**

<b>Sport</b>	<b>Date/Time</b>	<b>Registration / Recording Link</b>
Kayaking	Tue, May 31	Recording: <a href="https://www.youtube.com/watch?v=3sb6a005rWU">https://www.youtube.com/watch?v=3sb6a005rWU</a>
Golf	Tue, July 19 6:30-7:30 pm	<a href="https://somid.zoom.us/meeting/register/tZMpf-Gspz4uE9bzPNaqHqQFM13cJ4yTVGN">https://somid.zoom.us/meeting/register/tZMpf-Gspz4uE9bzPNaqHqQFM13cJ4yTVGN</a>
Cycling	TBD	TBD
Flag Football	Wed, July 27 7:00-8:00 pm	<a href="https://somid.zoom.us/meeting/register/tZYuf-moqzosGdWt95Lh12kDqj0VrYdrVvZK">https://somid.zoom.us/meeting/register/tZYuf-moqzosGdWt95Lh12kDqj0VrYdrVvZK</a>
LDR	Mon, July 25 6:30-7:30 pm	<a href="https://somid.zoom.us/meeting/register/tZYtfu-opzoiHNwZ8wQ4XnD9hO2iEKyRs0LN">https://somid.zoom.us/meeting/register/tZYtfu-opzoiHNwZ8wQ4XnD9hO2iEKyRs0LN</a>
Power-lifting	Mon, July 25 7:30-8:30 pm	<a href="https://somid.zoom.us/meeting/register/tZAoce6srDMvE9GVV7Mxlk6IW1wZnm8ajOuK">https://somid.zoom.us/meeting/register/tZAoce6srDMvE9GVV7Mxlk6IW1wZnm8ajOuK</a>
Soccer	Wed, Aug 3 6:00-7:00 pm	<a href="https://somid.zoom.us/meeting/register/tZAuf-isrzwpG9IE2X5SxlyMmtt_vARGlaod">https://somid.zoom.us/meeting/register/tZAuf-isrzwpG9IE2X5SxlyMmtt_vARGlaod</a>
Tennis	Wed, July 27 6:00-7:30 pm	<a href="https://somid.zoom.us/meeting/register/tZApcuGprDirEtXdUFzK6kStbl7vi2KHtpCO">https://somid.zoom.us/meeting/register/tZApcuGprDirEtXdUFzK6kStbl7vi2KHtpCO</a>
Bowling	TBD	TBD

**Pre-Competition Coaches Webinars**

<b>Sport</b>	<b>Date/Time</b>	<b>Registration / Recording Link</b>
Kayaking - Trials	Wed, Aug 3 6:00-7:30 PM	<a href="https://somid.zoom.us/meeting/register/tZYvdemvrTkiGNEmPD4VIEE4U4neAT7hEH8I">https://somid.zoom.us/meeting/register/tZYvdemvrTkiGNEmPD4VIEE4U4neAT7hEH8I</a>
Kayaking - Finals	Mon, Aug 15 6:00-7:00 PM	<a href="https://somid.zoom.us/meeting/register/tZcpf-isqzwwEtK3vquqoiaf2p-wpoUcXbJ-">https://somid.zoom.us/meeting/register/tZcpf-isqzwwEtK3vquqoiaf2p-wpoUcXbJ-</a>
Golf	Tue, Sept. 20 6:30-7:30 pm	<a href="https://somid.zoom.us/meeting/register/tZwocOquqjwGtS99YXsA_j_d8ZXypr0W0N4">https://somid.zoom.us/meeting/register/tZwocOquqjwGtS99YXsA_j_d8ZXypr0W0N4</a>
Cycling	TBD	TBD
Flag Football	Wed, Oct. 12 7:00-8:00 pm	<a href="https://somid.zoom.us/meeting/register/tZwkcO2rpz8pGNPHxtXHLd6pNslTJfj2v4yq">https://somid.zoom.us/meeting/register/tZwkcO2rpz8pGNPHxtXHLd6pNslTJfj2v4yq</a>
LDR	Thu, Oct 6 6:30-7:30 pm	<a href="https://somid.zoom.us/meeting/register/tZUtcu6hqzovGNDKcVt6NEQ-T0KOINZ_oxhB">https://somid.zoom.us/meeting/register/tZUtcu6hqzovGNDKcVt6NEQ-T0KOINZ_oxhB</a>
Power-lifting	Thu, Oct 6 7:30-8:45 pm	<a href="https://somid.zoom.us/meeting/register/tZUsc-ypqTsrG9C6LZXO7_oFYZI2zsIWzjK2">https://somid.zoom.us/meeting/register/tZUsc-ypqTsrG9C6LZXO7_oFYZI2zsIWzjK2</a>
Tennis	Wed, Oct. 12 6:00-7:00 pm	<a href="https://somid.zoom.us/meeting/register/tZ0pdOCsqj4tGtYOTfD_Ar4VpW2N41W-1SyA">https://somid.zoom.us/meeting/register/tZ0pdOCsqj4tGtYOTfD_Ar4VpW2N41W-1SyA</a>
Soccer	Tue, Oct. 18 6:00-7:00 pm	<a href="https://somid.zoom.us/meeting/register/tZUkdOGvrj0vGt1Zm1d6vMU6UTydvqFkvA4z">https://somid.zoom.us/meeting/register/tZUkdOGvrj0vGt1Zm1d6vMU6UTydvqFkvA4z</a>
IUS Tennis	Wed, Nov 2 6:30-8:00 PM	<a href="https://somid.zoom.us/meeting/register/tZMlcuusrD8pE9VYH5v5qBeSAYshaj3GXNOp">https://somid.zoom.us/meeting/register/tZMlcuusrD8pE9VYH5v5qBeSAYshaj3GXNOp</a>
Bowling – Regionals	TBD	TBD
Bowling - Finals	TBD	TBD

### **Sports Department Contacts – Assigned Sports**

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- **Melissa Anger, Senior Sports Director**

- [manger@somd.org](mailto:manger@somd.org), 410.242.1515 x122
  - Basketball
  - Cheerleading
  - Flag Football
  - Soccer
  - Softball
  - Tennis
  - Locally Popular Sports: Volleyball, Cross Country Skiing

- **Ryan Kelchner, Sports Director**

- [rkelchner@somd.org](mailto:rkelchner@somd.org), 410-242-1515 x171
  - Athletics
  - Bocce
  - Distance Running
  - Golf
  - Powerlifting
  - Snowshoeing
  - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

- **TBD, Sports Director (interim contact: Steve Bennett)**

- [sbennett@somd.org](mailto:sbennett@somd.org), 410.242.1515 x102
  - Alpine Skiing
  - Bowling (10 pin)
  - Cycling
  - Kayaking
  - Swimming
  - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Duckpin Bowling

If you have questions regarding multi-sport events, or USA/World Games, please contact:

- **Steve Bennett, Senior Director, Competitions**

- [sbennett@somd.org](mailto:sbennett@somd.org), 410.242.1515 x102
  - Summer Games
  - Winter Games
  - Fall Sports Festival
  - USA Games
  - World Games

If you have questions regarding High School Unified Sports (IUS) training and competition, please contact:

- **Zach Cintron, Senior Director, High School Unified Sports**

- [zcintron@somd.org](mailto:zcintron@somd.org), 410.242.1515 x161
  - IUS Athletics (Track & Field)
  - IUS Indoor Bocce
  - IUS Outdoor Bocce
  - IUS Strength & Conditioning
  - IUS Tennis

### **Questions?**

**If You Have Any Questions on Any Other Non-Sports-Related Issues**, please contact a member of the Local Programs Team

- **Jeff Abel, Vice President. Local Program Development**

- [jabel@somd.org](mailto:jabel@somd.org), 410-242-1515 ex. 121
- Any general question, COVID Protocol

- **Melissa Kelly, Senior Director, Unified Champion schools**

- [mkelly@somd.org](mailto:mkelly@somd.org), 410-979-5839
- Unified Champion Schools, Youth Leadership, and School Engagement

- **Will Augustin, AmeriCorps Unified Champion Schools Coordinator**

- [waugustin@somd.org](mailto:waugustin@somd.org)
- Unified Champion Schools, Youth Leadership, and School Engagement

- **Mackenzie Irvin, Senior Director, Inclusive Health & Fitness**
  - [mirvin@somd.org](mailto:mirvin@somd.org), 857-939-4867
  - Young Athletes Program, Elementary School programming
  
- **Kayla Shields, Director, Inclusive Health and Fitness**
  - [kshields@somd.org](mailto:kshields@somd.org), 410-404-4115
  - Healthy Athletes, Fitness Programs, Unified Physical Education
  
- **Sue Snyder, Unified Physical Education Consultant**
  - [ssnyder@somd.org](mailto:ssnyder@somd.org)
  - Unified Physical Education
  
- **Sam Boyd, Volunteer Director**
  - [sboyd@somd.org](mailto:sboyd@somd.org), 443-766-9245
  - Volunteer Recruitment, Retention, Training
  
- **Allie Christman, AmeriCorps Volunteer Coordinator**
  - [achristman@somd.org](mailto:achristman@somd.org)
  - Volunteer Recruitment, Retention, Training
  
- **Mike Myers, Baltimore Region Director**
  - [mmyers@somd.org](mailto:mmyers@somd.org), 410-242-1515
  - Baltimore County and City
  
- **Kyler Mellott, Region Director- East**
  - [kmellott@somd.org](mailto:kmellott@somd.org), 410-242-1515
  - Harford, Cecil, Kent, Upper Shore, Lower Shore
  
- **Brooke Jenkins, AmeriCorps Eastern Shore Coordinator**
  - [bjenkins@somd.org](mailto:bjenkins@somd.org)
  - Kent County, Upper Shore, Lower Shore